



Approved by:

Mavis Broom

Big Girl Boogie

4 WALL - 32 COUNTS - BEGINNER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Walk Forward x 2, Kick Ball Change, Walk Forward x 2, Step, 1/2 Turn Left		
1 - 2	Walk forward right. Walk forward left.	Right Left	Forward
3 & 4	Kick right forward. Step right beside left. Step onto left in place.	Kick Ball Change	On the spot
5 - 6	Walk forward right. Walk forward left.	Right Left	Forward
7 - 8	Step right forward. Pivot 1/2 turn left.	Step Turn	Turning left
Section 2	Walk Forward x 2, Kick Ball Change, Walk Forward x 2, Step, 1/2 Turn Left		
1 - 2	Walk forward right. Walk forward left.	Right Left	Forward
3 & 4	Kick right forward. Step right beside left. Step onto left in place.	Kick Ball Change	On the spot
5 - 6	Walk forward right. Walk forward left.	Right Left	Forward
7 - 8	Step right forward. Pivot 1/2 turn left.	Step Turn	Turning left
Section 3	Hip Bumps Forward x 2, Hip Bumps Back x 2, Hip Roll x 2		
1 - 2	Bump hips forward twice taking small step onto right.	Hip Bumps	On the spot
3 - 4	Bump hips back twice.	Hip Bumps	
5 - 8	Roll hips clockwise twice (as if using a hula hoop) - weight ends on left.	Hip Rolls	
Section 4	Cross, Point, Cross, Point, Sailor Step, Sailor 1/4 Turn Left		
1 - 2	Cross right over left. Point left to left side. (Optional shimmy)	Cross Point	Left
3 - 4	Cross left over right. Point right to right side. (Optional shimmy)	Cross Point	Right
5 & 6	Cross right behind left. Step left to left side. Step right to place.	Sailor Step	On the spot
7 & 8	Turn 1/4 left crossing left behind right. Step right to side. Step left beside right.	Sailor Turn	Turning left

Choreographed by: Mavis Broom (UK) February 2007

Choreographed to: 'Big Girl (You Are Beautiful)' by Mika (120 bpm) from CD Life In Cartoon Motion (start on vocals)

Music Suggestions: 'Grace Kelly' by Mika from CD Life In Cartoon Motion; 'She Is Just Too Hot For Me' by Sam Millar from Most Awesome Line Dancing Album Vol 4

Choreographer's Note: This is a fun dance with attitude!!